

Save Your Family's Life

Natural Solutions for a Healthy Family

Eat Right

Be Fit

Think Well



Thursday,
August 8th
6:30-8:30

- Free Cooking Demonstration
- Free Food
- Free Presentation by Dr. Lawrence G. Stern, DC

Vladeck Hall,
74 Van Cortlandt Park South, Bronx, NY 10463



For More information
Please contact
Friends of Van Cortlandt Park
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